

## **Blood Testing Suggestions for NuTriVene®**

Trisomy 21 Research recommends that individuals who are using Nutrivene have blood testing completed 6 to 12 months after beginning Nutrivene and each year thereafter. The following blood tests should be completed:

- Vitamin A (Retinol)
- Iron & Ferritin
- Zinc
- Homocysteine
- Selenium
- Tissue Transglutaminase Antibodies (tTGAB) - Celiac Disease screening

To obtain the most accurate results from your blood test, we recommend following the instructions below.

### **5 Years of Age and Under**

4 hour fasting prior to blood test

No Nutrivene (Daily Supplement, Daily Enzyme, NightTime Formula) the night before and morning of blood test

(If using essential fatty acids and/or Piracetam, these should also be eliminated the night before and morning of blood test)

### **Over 5 Years of Age**

12 hour fasting prior to blood test

No Nutrivene (Daily Supplement, Daily Enzyme, NightTime Formula) the night before and morning of blood test

(If using essential fatty acids and/or Piracetam, these should also be eliminated the night before and morning of blood test)

## **Suggested Laboratory Tests**

CBC (Complete Blood Count) – every 6 months until 6 years of age, then yearly

Thyroid Testing – T3, T4, and TSH every year for life

Atlantoaxial X-Rays (Neck) – at 2 years of age, especially in active children  
(looking for atlantoaxial dislocations)

There are many laboratories that can complete blood testing. Talk to your physician about the lab they use for further information.

If you have any questions, call (800) 899-3413 or (410) 335-2802.