

Suggested use: Take 1 teaspoon daily preferably with a meal or as directed by a healthcare practitioner.

Store in a cool dry place.
Keep out of reach of children.
Do not use if outer seal is broken.

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LSMBHB21025



Magnesium BHB

Magnesium D-β-Hydroxybutyrate

DIETARY SUPPLEMENT • 100 GRAMS

Supplement Facts

Serving Size 1500 mg (approx. 1 teaspoon)
Servings Per Container 66

Amount Per Serving	%DV
Magnesium (from Magnesium D-β-Hydroxybutyrate) 135 mg	33%
BHB (D-β-Hydroxybutyrate) 1320 mg	†
(from Magnesium D-β-Hydroxybutyrate)	

† Daily Value not established

Other Ingredients: None

Does not contain: Sugar, Soy, Dairy, Yeast, Gluten