Suggested use: Take 8 capsules per day with food or drink This should be divided into 2 or 3 doses or as recommended by your healthcare practitioner.

For added freshness product may be stored in refrigerator.

Keep out of reach of children. Color variations may exist with this product.

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Suppleme Serving Size 8 capsule Servings Per Container	s	cts
Amo	ount Per Serving	%D
itamin A (as retinyl palmitate)	(3,500 IU) 1,050 m	cg 1179
itamin C (as ascorbic acid, USP-FC	C) 1,000 m	ig 11119
itamin D (as D3, cholecalciferol, USP-FCC	<li>(2,000 IU) 50 m</li>	cg 250%
itamin E (as d-alpha-tocopheryl acetate	<li>e) (200 IU) 134 m</li>	ig 893'
itamin K (as menaquinone-7)	100 mc	y 83'
hiamin (vitamin B1) (as thiamin HCL	., USP-FCC)	
	45 m	ig 3750
iboflavin (vitamin B2, USP-FCC)	45 m	
liacinamide (USP-FCC)	50 m	ig 313%
itamin B6 (25 mg as pyridoxine HCI	, USP-FCC,	
10 mg as pyridoxal-5-phosphate)	35 m	ig 2060'
plate (as 5-Methyltetrahydrofolate, glucosami	nesalt) 1360 mcg DF	E 340'

## 5

	Amount Per	Serving	%DV*	
iin A (as retinyl palmitate)	(3,500 IU	) 1,050 mcg	117%	
nin C (as ascorbic acid, US		1,000 mg		
in D (as D3, cholecalciferol, US		10 IU) 50 mcg	250%	
nin E (as d-alpha-tocopheryl a	acetate) (200	) IU) 134 mg	893%	
nin K (as menaquinone-7)		100 mog	83%	
min (vitamin B1) (as thiamin HCL, USP-FCC)				
		45 mg	3750%	
flavin (vitamin B2, USP-FC	C)	45 mg		
inamide (USP-FCC)		50 mg	313%	
nin B6 (25 mg as pyridoxine		C,		
mg as pyridoxal-5-phosph		35 mg	2060%	
e (as 5-Methyltetrahydrofolate, gluo		60 mcg DFE	340%	
refolic®) (800 mcg 5-Methyltetrahydi		-		
nin B12 (as methylcobalam	in)	500 mcg		
n (USP)		500 mog		
othenic acid (as d-calcium j	pantothenate)	45 mg	900%	
ine (as choline bitartrate)		250 mg	45%	
ium (as calcium citrate, FCC		20 mg	2%	
e (as potassium iodide, US		8 mog		
nesium (as magnesium am				
(as zinc monomethionine)		30 mg		
enium (as sodium selen		70 mog		
ganese (as manganese gluc	conate, USP-F	CC) 2 mg	87%	



Chromium (as chromium picolinate)	500 mcg	1429%		
Molybdenum (as sodium molybdate)	75 mcg	167%		
Potassium (as potassium citrate, USP-FCC)	35 mg	1%		
L-Glycine (as magnesium glycinate)	925 mg	+		
L-Ornithine (as L-ornithine HCI)	100 mg	+		
Alpha ketoglutaric acid	500 mg	+		
Betaine (as trimethylglycine)	250 mg	+		
Quercetin, bioflavonoid	150 mg	+		
L-Taurine (USP)	200 mg	+		
L-Glutathione	150 mg	+		
L-Tyrosine (USP)	100 mg	+		
L-Proline (USP-FCC)	100 mg	+		
Luteolin	100 mg	+		
Rutin	100 mg	+		
L-Tryptophan (USP-FCC)	50 mg	+		
Acetyl-L-camitine (as acetyl L-camitine HCI)	45 mg	+		
Coenzyme Q10 (ubiquinone, USP)	30 mg	+		
R-Alpha lipoic acid	25 mg	+		
L-Histidine (USP-FCC)	25 mg	+		
Lutein, carotenoid (as lutein esters)	6 mg	+		
Zeaxanthin, carotenoid	3 mg	+		
Boron (as boron citrate)	3 mg	+		
Silica (as horsetail standardized extract)	3 mg	+		
<ul> <li>* Daily Value (DV) based on a 2000 calorie diet.</li> <li>* Daily Value not established</li> </ul>				
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**DIETARY SUPPLEMENT** • 168 CAPSULES