

**Suggested use:** Take 1 capsule daily with food or as directed by your healthcare professional.

**Caution:** For adults only. Consult a physician if pregnant/nursing, taking medication (especially anti-coagulant drugs such as warfarin, Coumadin®, heparin), or have a medical condition.

Keep out of reach of children. Store in a cool, dry place. Natural color variation may occur. Do not use if outer seal is broken or missing.

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LSVK1R31122

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

longevity  
science®

# MK-7 Vitamin K<sub>2</sub>

100 mcg

Supports Bone Health\*

DIETARY SUPPLEMENT  
60 VEG CAPSULES

MenaQ7  
Vitamin K<sub>2</sub> as MK-7

## Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin K <sub>2</sub> (as Menaquinone-7) (MK-7) (MenaQ7®) (from chickpea)	100 mcg	†

† Daily Value not established.

Other ingredients: Rice Flour, Hypromellose (cellulose capsule), Ascorbyl Palmitate and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish ingredients.

MenaQ7® is a registered trademark of NattoPharma ASA, Norway. Patents granted and pending.

