Blood Testing Suggestions for NuTriVene®

It is suggested that individuals who are using Nutrivene have blood testing completed 6 to 12 months after beginning Nutrivene and each year thereafter. Please consult your doctor or other healthcare professional for specific tests they recommend for your child. Typically the following tests are conducted:

Vitamin A (Retinol) Homocysteine

Vitamin D Selenium

Iron & Ferritin Tissue Transglutaminase (tTGAB) - Celiac Disease Screening

Zinc

To obtain the most accurate results from your blood test, we recommend following the instructions below.

5 Years of Age and Under

4 hour fasting prior to blood test

NO Nutrivene (Daily Supplement, Daily Enzyme, NightTime Formula) the night before and morning of blood test.

Over 5 Years of Age

12 hour fasting prior to blood test

NO Nutrivene (Daily Supplement, Daily Enzyme, NightTime Formula) the night before and morning of blood test.

If using essential fatty acids these should also be eliminated the night before and morning of blood test

Suggested Laboratory Tests

<u>CBC (Complete Blood Count)</u> - Every 6 months until 6 years of age, then yearly Thyroid Testing (T3, T4, and TSH) every year for life

<u>Atlantoaxial X-Rays (Neck)</u> - At 2 years of age, especially in active children (looking for atlantoaxial dislocations)

There are many laboratories that can complete blood testing. Talk to your physician about the lab they use for further information.

If you have any questions, feel free to contact us at the information provided below:

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